



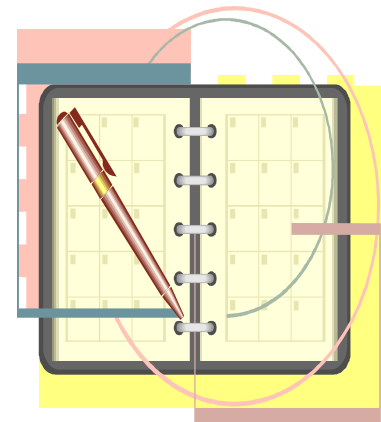
# READY, SET ... TRANSITION

## Preparing for Life After School

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# AGENDA

- Regional Center and Dept. of Rehabilitation
- CA DMV ID card
- ADA Paratransit and Clipper Cards
- Age of Majority – 18!
- Limited Conservatorship vs. Power of Attorney
- Special Needs Trust
- SSI/Medi-Cal
- Moving to adult medical providers
- Preparing for the IEP and IPP meeting
- Employment Options
- Post-secondary options
  - work, college, day programs
- Moving out of the family home





# REGIONAL CENTER

- Become an active client
  - 510-618-6100; [msmith@rceb.org](mailto:msmith@rceb.org)
- Invite case manager to annual IEP meeting
- Actively participate in the IPP (Individual Program Plan) – this is the key to your child's future
- Talk with your young adult about their hopes and dreams for their adult life
- Be realistic in your expectations
- [www.rceb.org](http://www.rceb.org)



# Department of Rehabilitation

- Agency purpose
- Supports provided
  - supported employment
  - Independent Living Centers
  - Youth Leadership Forum
  - specialized services for the blind
- TPP (Transition Partnership Programs)
- <http://www.rehab.cahwnet.gov/>



# CA DMV ID Card



- Necessary for identification (cashing checks, etc.) when 18
- Apply at DMV Office
- Make appointment to eliminate long wait
- Need to bring birth certificate
- Need to bring Social Security card
- Thumbprint and photo will be taken
- \$26 fee; expires in 6 years
- [www.dmv.ca.gov](http://www.dmv.ca.gov)

# ADA Paratransit and Clipper Cards

- Eligible for reduced fare on fixed bus routes (\$1.00) and fee-based door-to-door transportation (paratransit)
- <http://www.actransit.org/discounted-passes-on-clipper-2/>
- <http://www.actransit.org/rider-info/rider-guides/paratransit/>
- Requires an application and medical verification of disability
- RTC Clipper Cards for disabled transit on BART (62.5% discount)
- [www.bart.gov](http://www.bart.gov)
- <http://www.transitaccessproject.org/InternalDocs/RiderInfo/ridersguide.pdf>



# Age of Majority

- Information only statement signed at IEP prior to age 17
- Adult student signs IEP; parent is an additional participant
- Register to vote
- All males register for Selective Service
  - no exemption for disability
  - can be denied Dept of Rehab services if non-compliant
- Email [18@calbar.ca.gov](mailto:18@calbar.ca.gov); “When You Become 18”



# Conservatorship vs. Durable Power of Attorney

- **Conservatorship**

- 7 areas of decision-making available
- requires an attorney
- all parties must appear in court
- provide a copy to doctor, school, etc.



- **Durable Power of Attorney**

- 3 areas of decision-making
- Medical, financial, and limited (specific duty)
- notarization makes it a legal document
- SSI and IHSS will accept





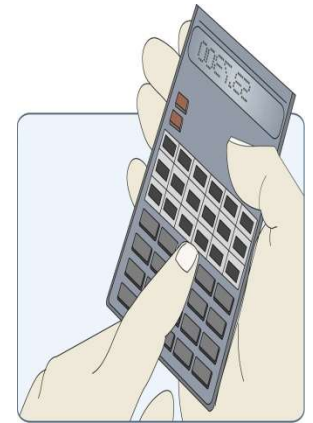
# Special Needs Trust

- Protect financial interest of the disabled
  - hold property, finances and insurance
- Remain eligible for benefits
  - SSI, Medi-Cal require less than \$2000
- Completed with an attorney; some specialize in this field
- Need a trustee to administer



# SSI/Medi-Cal

- SSI (Supplemental Security Income) **NOT** SSDI (Social Security Disability Insurance)
- <http://www.ssa.gov/pubs/11125.pdf>; 1-800-772-1213
- Must have assets less than \$2000
- Student Income Exclusion
- <http://www.ssa.gov/oact/COLA/studentEIE.html>
- Report monthly income/annual audit
- Representative payee/ joint account
- SSI eligibility = Medi-Cal eligibility
- Remain on parents' insurance until age 25



# Moving to Adult Medical Providers

- Unless conserved at age 18 young adult agrees to and signs for all procedures
- Parents may not be able to make appointments
- Parents may not be informed of care
- Change from pediatric to adult medical providers can take time
- Adult medical providers may not be as knowledgeable about disabilities that begin in childhood
- Discuss your child's medical issues and medications with them
- <http://www.gottransition.org/family-information>



# Preparing for the IEP/IPP Meeting

- Invite RCEB/TPP case manager to all meetings
- Talk to child about plans for life after high school
- Present goals that relate to adult services can be in the IEP as early as 14 years of age. Legally required by age 16.
- Follow up with RCEB after the meeting and write similar goals into the IPP



# Employment Options

- Independent Employment
  - Minimal on the job support for a short time
- Supported Employment
  - Department of Rehabilitation Services
    - Job Developing
    - Job Coaching
    - 90 days of successful employment and services end
    - RCEB can provide additional support
    - Department of Rehabilitation services can return if promotion requiring new skills occurs



# Post-Secondary Options

- Research the options available:
  - day programs, vocational programs
  - internships, work
- Visit the programs of interest early (6 months before exiting school)
- Complete any application forms and work with RCEB/DOR to have referral packet sent
- Services are not mandated
  - entitlement vs. eligibility
- Transitions will always be part of life



# Moving out of the Family Home

- When is the “right” time?
- Domestic and community skills needed
- Determine level of support
  - Independent or Supported Living Services, Group Home
- Living arrangements
  - alone or shared housing
- Revolving doors
- Develop a support team for you!



